



Jabiru Early Years Place

Our Early Years Place provides a variety of free services for all families in North Brisbane.

Our aim is to support the health, wellbeing, learning and developmental outcomes for children, families and communities.

Our programs are led by Jabiru's Children and Families team and delivered by qualified Early Childhood and Human Service workers.

We work with families to:

- ➔ Support Parenting knowledge, skills and confidence.
- ➔ Strengthen relationships between child and parent.
- ➔ Build family's social connections, access to services and wellbeing support.
- ➔ Provide information and referrals for families who have concerns about their children's development and learning.

☎ 07 3269 0044

✉ play.connect.learn@jabiru.org.au

📘 @JabiruCommunitiesTeam

Family support and counselling service is for families with a child aged 0–8 years old residing in the following suburbs:

- Boondall
- Bracken Ridge
- Fitzgibbon
- Taigum
- Zillmere



Community Youth & Children's Services Association Inc



Queensland Government

Jabiru partners with children, young people and families, particularly focusing on those experiencing vulnerabilities, by creating safe places and relationships that connect people, resources, ideas and communities.

Connect

Supporting positive, secure and responsive relationships between parents/carers and their children has long term benefits for children but also has positive impacts on your day-to-day parenting experience.

- ➔ **Evidence-based** parenting group programs such as Circle of Security
- ➔ **Fun & engaging** play-based experiences that you can share with your child.
- ➔ **Behaviour guidance** and support to understand and respond to your child's needs.

Play

We know that play is essential for children's development and learning. Our play-based groups have a focus on open ended and child lead play across all play types. Making it easy for parents to see the learning that is taking place and practical ways to support children's play at home.

- ➔ **Supported Playgroups**, pop-up play events in community spaces, workshops dedicated to exploring specific types of play, information about the specific ways play can benefit your child's learning and development, take home play kits so you can continue this play and learning at home and fun for all ages!

Healthy Children

We focus on the foundations of children's health and the areas that we know parents worry about most; sleeping, eating, and meeting developmental milestones. We provide supported access to child health specialists and other services.

- ➔ **Information presented** by other multi-disciplinary professionals working in with children and families such as nutritionists, occupational therapists or speech pathologists, child and family nurses.
- ➔ **Workshops that promote** children's health through nature-based play, sensory play, physical play and movement.

Parent Support

We understand that your role as a parent/carer is the most important in your children's early years, but it is not always easy. Our group programs aim to support you by increasing parent's knowledge, skills and confidence in the above areas and supporting parent's social connections, access to services, and wellbeing support.

- ➔ **Parent information sessions** on topics such as starting kindergarten or school, children's health and nutrition
- ➔ **Parent support groups**
- ➔ **Family Support** - counselling, advocacy, information and supported referral to other services

You can find us at: **Jabiru Early Years Place, Zillmere Sate School 70 Murphy Road Zillmere**